

KATERINA SCOTT
(202)909-6462 kiscott@smcm.edu

EDUCATION

Current GPA: 3.925

B.S. in Psychology

Expected: May 2024

Honors Thesis: Art Therapy with Adult Ukrainian Refugees

St. Mary's College of Maryland, St. Mary's City, MD

B.A. in Art

Expected: May 2024

Honors Thesis/Capstone: Yellow Field, Blue River

St. Mary's College of Maryland, St. Mary's City, MD

Multicultural Psychology Certificate

Completed: December 2022

The Umbra Institute, Perugia, Italy

GPA: 3.94

PUBLICATIONS

Scott, K. & Williams, E. N. (2024) Art therapy with adult refugees: A systematic review of qualitative research. *The Arts in Psychotherapy*. <https://doi.org/10.1016/j.aip.2024.102126>

CONFERENCE PRESENTATIONS

Scott, K. & Williams, E. N. (2024, April). Art therapy with Ukrainian refugees: A pilot program. Presented at the L. Starling Reid Undergraduate Psychology Research Conference.

Scott, K. & Williams, E. N. (2023, April). Art therapy with adult refugees: A systematic review of qualitative research. Presented at the 2023 Mid-Atlantic Undergraduate Research Conference.

Williams, E. N. & **Scott, K.** (2023, June). Art therapy with adult refugees: A systematic review of qualitative research. In L. Heatherington (Chair), *What can work? Learning from people with refugee, immigration, and asylum backgrounds*. Symposium presented at the annual meeting of the Society for Psychotherapy Research, Dublin, Ireland.

RESEARCH EXPERIENCE

St. Mary's Project/Senior Honors Thesis, SMCM

Summer 2023-Spring 2024

St. Mary's City, MD

- Designed a pilot art therapy program utilizing culturally significant materials with the aim to reduce stress and facilitate community connection among Ukrainian refugees
- Secured an art therapist, space, translator, and funding to support the project
- Analyzed qualitative (Consensual Qualitative Research, CQR; Hill et al., 1997) and quantitative (pre- and post-treatment surveys) data to explore potential therapeutic benefits of the program

Summer Undergraduate Research Fellowship (SURF), SMCM

May 2022-July 2022

St. Mary's City, MD

- Proposed, conducted, and presented to fellow students and faculty a systematic review of art therapy with adult refugees, with mentorship from Dr. Williams

Directed Research, SMCM Department of Psychology
St. Mary's City, MD

Fall 2021-Spring 2023

- Worked with Dr. Kristina Howansky on two Social Psychology studies
 - Fall 2021: designed a coding system and coded over 1000 survey answers for a study on perceptions of female sexual assault victims based on whether they identified as cisgender or transgender women
 - Spring 2022: administered a study with eyetracking and survey components that investigated the association between acceptance of rape myths and victim blaming
- Worked with Dr. Williams on two Counseling Psychology studies
 - Fall 2022: wrote a 3000+ word research paper on my independent SURF research
 - Spring 2023: assisted a student in the Psychotherapy Lab with CQR for his thesis on how video games contributed to gender identity development in transgender individuals

WORK EXPERIENCE

Peer Health Educator, SMCM
St. Mary's City, MD

Fall 2023-present

- Held four hours of walk-in peer counseling sessions per week, giving peers a space to talk about their mental health challenges, working with them to develop plans to address these challenges, and informing them of other appropriate campus resources
- Planned and ran a variety of health-related programming on campus to raise awareness on topics such as drugs and alcohol, mental health, and safe sex, among others

Psi Chi Service Coordinator, SMCM
St. Mary's City, MD

Fall 2023-present

- Planned events on campus for Psi Chi members to increase awareness of Psi Chi resources and help students plan for graduate school

Psychological Research and Statistics II Teaching Assistant, SMCM
St. Mary's City, MD

Fall 2023

- Held weekly office hours to help students with assignments
- Assisted the professor in editing and running class activities
- Presented on course-related topics in class, such as research opportunities

SKILLS

- Course and/or research experience using SPSS, Qualtrics, iMotions eyetracking software, Adobe Creative Suite (primarily Photoshop and After Effects), Microsoft, and Google Workspace

AWARDS & HONORS

- **Jaie M. Perizzo Human Services Award** for a junior or senior psychology major demonstrating outstanding potential as a practitioner of human services, SMCM (2024), **Myron G. Marlay Award for Science** to recognize a student with an outstanding thesis in the sciences, SMCM (2024), **Phi Beta Kappa member**, SMCM (2024), **Art Travel Award**, SMCM (2022), **Dean's List**, SMCM, **Psi Chi Honor Society member** (Spring 2021-present), **Trustee Scholarship**, SMCM (2020-present), **National Silver Medal**, Scholastic Writing Awards (2018).